Steps to Take in the Event of a Work-Related Injury or Illness:
1. Report to campus Health Services as soon as possible. They will provide immediate first aid and refer you off-campus for further treatment if necessary.
   If Health Services is closed or immediate emergency medical attention is required, seek immediate medical attention off-campus.
   **Contact TUPD at x7000 for assistance in emergencies.**

BACK OF WALLET CARD:

2. Urgent Care Providers in the Travelers First Health Network:
   * Nova Medical Centers
   * Concentra Urgent Care

3. Provide the following information to the treating doctor/facility:
   Traveler’s Insurance
   P.O. Box 42927
   Houston, TX 77242
   Phone: 1-800-235-3610
   Fax: 1-877-749-0075

4. Ask your Supervisor to complete the Supervisor’s Report of Injury form.